



The International Counseling Psychology Conference
proudly presents
The 2008 *Many Faces of Counseling Psychology* Honorees

ICPC Sponsors:

Society of Counseling Psychology
Council of Counseling Psychology Training Programs
Association of Counseling Center Training Agencies

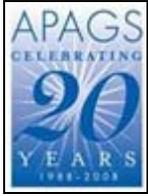
Award / Recognition Committee Tri-Chairs:

Kristee Haggins, Ph.D.
Charles Waehler, Ph.D.
Lauren Weitzman, Ph.D.

Award Criteria:

The Many Faces of Counseling Psychology recognition showcases a few from among many deserving individuals and groups undertaking innovative, creative, and adaptive work which brings a critical focus to the strength-based, developmental, and preventive approaches seen as foundational aspects of Counseling Psychology. Each recipient stood out as adding to one or more elements of the recognition review criteria, which included consideration of the innovativeness and distinctiveness of the professional contribution, the degree to which there was an integration of science and practice traditions in counseling psychology, and strong professional contribution in one of the areas of outreach activities, theory development, practice adaptation, teaching/training practices, leadership initiatives, prevention programming, creative use of digital and other technologies, and nontraditional populations application. Most awardees also excelled at incorporating the core Counseling Psychology values of social justice and multicultural competence into their contributions.

You may also find an electronic version of this document online at:
<http://internationalcounselingpsychologyconference.org/awards.php>



Campbell



Hasan



Madson



Page



Williams-Nickelson

American Psychological Association of Graduate Students (APAGS)

James Campbell, Ph.D., Past-Chair, jcampbell2@isugw.indstate.edu

Nadia Hasan, M.A., Chair, nadiatalhasan@yahoo.com

Michael Madson, Ph.D., Past Chair, michael.madson@usm.edu

Konjit Page, M.S., Chair-Elect, konjit.page@gmail.com

Carol Williams-Nickelson, Psy.D., Past Chair, ed@amsa.org

These five gifted counseling psychologists began their careers by assuming immense leadership responsibilities as the Chair of the American Psychological Association of Graduate Students (APAGS), the largest organization of students in psychology totaling over 42,000 members, about one-third of the total APA membership. We applaud them for their leadership talents and the universities that supported and nurtured them while they assumed such colossal leadership responsibilities during their student years. Their ability to provide distinctive leadership and to extend the vision of counseling psychology to graduate students in our field is highly commendable.

Dr. Campbell served as APAGS Chair from 1990-1991 and is a 1991 graduate of Oklahoma State University; Dr. Williams-Nickelson served as APAGS Chair from 1998-2000 and is a 2003 graduate of Our Lady of the Lake University, Dr. Madson served as APAGS Chair from 2003-2005 and is a 2005 graduate from Marquette University; Ms. Nadia Hasan is currently serving as APAGS Chair (2007-2008) and is a student at The University of Akron, and Ms. Konjit Page is currently APAGS Chair-Elect and is a student at the University of North Dakota. With such substantial leadership responsibilities so early in their careers, our Society is lucky and proud to claim each of them as counseling psychologists.



Linda G. Castillo, Ph.D.
Assistant Professor
Department of Educational Psychology
Texas A&M University
Email: lcastillo@tamu.edu
Website: <http://www.coe.tamu.edu/~lcastillo>

Dr. Castillo heads up the Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR-UP) team which serves social justice issues in her community and incorporates counseling psychology knowledge and skills to address educational disparities in three rural school districts in south Texas. The GEAR-UP team was awarded a 5-year grant in 2002 by the U.S. Department of Education. Academic faculty, school counselors and principals, counseling psychology and school counseling students, financial aid officers, and members of various community and business organizations have joined forces to meet the primary goal of facilitating the college enrollment of low-income students. GEAR-UP began their work with a cohort of 393 seventh grade students who are now seniors in high school. According to school personnel, these students have participated more in class, asked more questions about college and financial aid, and have had better attendance rates than previous cohorts of students.

What makes this project innovative is the use of technology to provide counseling services as well as the training and supervision of graduate students. For example, the Online Support Group for Girls Program and the Online Career Counseling Program were two services provided by graduate students. By using private instant messaging, Dr. Castillo was able to provide live supervision of three groups that were conducted simultaneously in three separate chat rooms. This project has had a significant impact on the lives of students and families at these schools by providing not only academic guidance but also emotional support. In Dr. Castillo's words, "I believe that my work with the Gulf Coast GEAR UP is one example of my leadership in using innovative techniques and utilizing resources (e.g., community-university collaboration) to address social justice concerns. I hope that with this work I can provide a model for other counseling psychologists to move beyond the 'Ivory Tower' and into their community to apply their science into practice."



Krista M. Chronister, Ph.D.
Assistant Professor
Department of Counseling Psychology and Human Services
University of Oregon
Email: kmg@uoregon.edu

Dr. Chronister is an Early Career Psychologist who truly exemplifies integration of science and practice in her work. She has applied social cognitive career theory tenets to career counseling practice with women domestic violence survivors, helping to define a national research agenda by articulating an emancipatory communitarian approach. Based on her dissertation research, Dr. Chronister's Advancing Career Counseling and Employment Support (ACCESS) program for domestic violence survivors has been noted for its outstanding contribution to the community. The ACCESS intervention has been requested by administrators and staff from other universities and medical schools, K-12 schools, correctional facilities, domestic violence agencies, and non-profit organizations and is being expanded and adopted by agencies nationally and internationally.

Currently, Dr. Chronister is collaborating with colleagues at the University of Nebraska-Lincoln to conduct a third experimental examination of the ACCESS intervention. At the international level, Dr. Chronister has presented her research on cross-cultural considerations associated with community intervention at the 2006 International Conference on Community Psychology in Puerto Rico. Moreover, scholars and service providers from Ecuador, Kenya, Vietnam, Australia, Spain, and Canada have requested the ACCESS curriculum. There is a great need for services that foster economic equity and justice for women around the world, and in particular, women who experience violence. Dr. Chronister is proud to be one of the scholars developing this area of research and is using her scholarship to change domestic violence prevention practice, creating change on individual, community, and global levels.



Priscilla Dass-Brailsford, Ed.D.
Associate Professor
Division of Counseling Psychology
Lesley University
Email: pdbrails@lesley.edu

Dr. Dass-Brailsford's work is a model of active commitment to social justice. She served as a first responder immediately after Hurricane Katrina devastated the Gulf Coast, deployed to a shelter outside Baton Rouge to work with over 2000 survivors of the storm. Dr. Dass-Brailsford reports that her ability to serve survivors "was enhanced by the fact that as a person of color I was able to connect culturally. My involvement with survivors in the acute phase of their stress left me with many pain-filled stories that remained upon my return home. I made the commitment to put the memories to positive use." The first opportunity came with an invitation to participate in the APA Multicultural Taskforce. A second came when Dr. Bill Parham, then SCP President-elect, invited her to become a member of the Stepping Up to the Plate special interest group carrying the mandate to organize community projects in the APA Convention cities.

Dr. Dass-Brailsford continues to offer her services to the Gulf Coast by conducting summer workshops with mental health providers. To date, she has conducted three different workshops with over 400 attendees. Additionally, Dr. Dass-Brailsford developed a psycho-educational video that addressed the effects of stress and explored coping skills that was aired on a community television channel on the second anniversary of the storm. Dr. Dass-Brailsford has documented her experiences as a first responder; a manuscript was recently published in APA's Journal of Professional Psychology: Research & Practice. She has also embarked on a research project to document the secondary traumatization of mental health professionals in the Gulf Coast, specifically looking at the intersection of race and personal loss on stress. Finally, she is editing a book on first responder's experiences after Hurricane Katrina which is scheduled for publication later this year. Dr. Dass-Brailsford has clearly touched the individual lives of trauma survivors and is extending the reach of her efforts via scholarship and creative means.



Lisa M. Drogosz, Ph.D.
Psychologist Supervisor
Northeast Pre-Release Center
Email: Lisa.Drogosz@odrc.state.oh.us

Dr. Drogosz is a Psychologist Supervisor at Northeast Pre-Release Center, a medium/minimum security state women's correctional facility located in Cleveland, Ohio. She works alongside wardens, other mental health professionals and correctional staff to provide solid counseling psychology information to improve the lives of incarcerated women. This includes advocating at the state level for effective female-focused programming, being involved in state and national criminal justice organizations and presenting counseling psychology-based knowledge to both mental health and correctional staff members. Her work is multifaceted, involving much more than counseling offenders. Dr. Drogosz states that "women are being incarcerated at alarming rates across this country and bring a multitude of issues to corrections. Since state correctional agencies are most familiar with men, many are not prepared to address the issues unique to women offenders." As a result, Dr. Drogosz has been called upon to educate various groups on female specific issues. Such groups include hostage and crisis negotiators, program staff, corrections officers and health care workers.

Though she spends a good portion of her work day treating the mental health issues of female offenders, Dr. Drogosz also trains and educates correctional staff members on how trauma interferes with the day to day workings of the institutions. Dr. Drogosz teaches interventions and communication skills, providing examples of interventions in daily interactions with staff and advocates at the institutional and state levels for a trauma-focused approach to supervising women offenders. Dr. Drogosz recently invited two doctoral level practicum students into the institution for training experiences and also educates other psychology graduate students about the benefits of working with offenders. She notes "The experience of working in a correctional facility has demonstrated to me that the skills, knowledge and training of a counseling psychologist are greatly needed in correctional settings."



Adriana Espinoza, Ph.D.
Post-doctoral Fellow
Department of Psychology
University of Chile
Email: aespinoza05@vtr.net

Dr. Espinoza works as a new professional in the areas of trauma research and interventions. Born in Chile, Dr. Espinoza left her country in 1984 during the Pinochet dictatorship to seek shelter in Canada. Since this time, she has worked in the area of multicultural settlement and counseling with refugees and survivors of torture and political violence from different ethnic backgrounds. This experience made her aware of the long-term effects and chronic nature of psychosocial trauma on people from seemingly different backgrounds. "I realized the need to explore people's inner and group resources through interventions other than 'individual talk therapy,'" states Dr. Espinoza, "particularly with people from more collective backgrounds."

Dr. Espinoza's master's thesis investigated the impact of the arrest and release of Augusto Pinochet on members of the Chilean exile community in Vancouver, Canada. Her doctoral dissertation explored the use of the body as a site of resistance and collective memories by HIJOS, adult children whose parents were executed or detained and "disappeared" by agents of Chile's military dictatorship. This study examined the meaning of practices of resistance and memory through the implementation of a series of creative workshops and explored the therapeutic value of using artistic expressions such as narrative, Theater of the Oppressed techniques, and collage making. Currently, Dr. Espinoza is beginning her post-doctoral research to explore the meaning of non-violent resistance practices of the Sebastian Acevedo Anti-torture Movement in Chile. "I hope this study will begin producing a theory to understand the collective embodied dynamics that operate when people confront fear in non-violent demonstrations; the embodied experience of solidarity; the healing power of these practices; and the core meaning making mechanisms that support these practices."



**The Geriatric Research Education,
Assessment, and Treatment (GREAT) Team
Colorado State University**

Email: tammi.vacha-haase@colostate.edu

Website: <http://www.colostate.edu/Depts/Psychology/counseling/great.shtml>

The Geriatric Research, Education, Assessment, and Treatment (GREAT) Team at Colorado State University consists of advisor and Associate Professor, **Tammi Vacha-Haase**, Ph.D., and students from the Counseling Psychology doctoral program in the Department of Psychology, **Kate Martin**, MS, **Kate Fitzpatrick**, MS, **Jodi Coochise**, BA, **Natalie Brescian**, MS, **Krystle B. Archibald**, MS, **Lindsay Sharp**, BS, **Sydney Felker**, BS, **Liz Asta**, BA and **Michele Baranczyk**, MS. The GREAT team is dedicated to increasing the well being of older adults through clinical practice, providing direct services, and contributing to knowledge base through geriatric research. With a firm commitment to the scientist-practitioner model, team members continue to have their research inform their practice, and their clinical work inform their research.

The GREAT team extends traditional Counseling Psychology scientist-practitioner activities into new professional undertakings through its focus on older adults. The team strives to use creative approaches to conduct research and provide direct clinical services, while facilitating innovative practices in academic training. They meet several times a month, where they focus on geriatric research, discuss the clinical groups they are conducting in long-term care and assisted living facilities, and interact with invited geriatric specialists from the community. Group members recently conducted an eight week "Current Events Group" at a local nursing home, and continue to provide a monthly adjustment group at an assisted living facility. In addition, the GREAT team has recently initiated a project focusing on interdisciplinary work in geriatrics. The GREAT team requires students to "think outside of the box" through clinical and research activities in long-term care facilities, and interactions with professionals from other disciplines. For two years in a row, a GREAT team member has won the Student Research Award for Psychologists in Long-Term Care. The GREAT team's focus on older adults, LGBT elders, and policy combines to emphasize innovative outcomes in the area of social justice.



Puncky Paul Heppner, Ph.D.

**Professor and Co-Director
Center for Multicultural Research, Training, and Consultation
University of Missouri-Columbia**

Email: HeppnerP@missouri.edu

Website: <http://www.coe.missouri.edu/~heppnerp>

Dr. Heppner's efforts to promote the internationalization of counseling psychology are exemplary. In the past three decades he has made significant contributions to international collaboration, international education, cross-cultural research, and mentorship of international students. As co-founder and co-Director of the Center for Multicultural Research, Training, and Consultation, Dr. Heppner supports graduate students via assistantships that deliver an array of culturally sensitive services. He currently supervises International Students Career Services, which reaches approximately one-third of the international graduate students each year at the University of Missouri. Dr. Heppner has initiated cross-national collaboration by developing formal agreements between the University of Missouri and Beijing Normal University as well as National Taiwan Normal University. He developed programs with international colleagues that include the Bi-directional Cross-Cultural Immersion Program and probably the first dual degree master's program in counseling psychology in the world. Dr. Heppner is the recipient of three Fulbright Fellowships and has worked with research collaborators from at least seven countries. He has provided numerous international keynote addresses and invited presentations across fourteen countries.

Dr. Heppner has promoted culturally-sensitive research in the US and abroad, serving on several national and international editorial boards, and as past Editor of *The Counseling Psychologist*. He is currently co-editing the first international handbook of counseling. Dr. Heppner has provided active leadership to the Society of Counseling Psychology by serving as President and currently as inaugural co-chair of the International Section. Dr. Heppner's achievements have been acknowledged by the receipt of several prestigious awards, including the 2005 Distinguished Service Award for Extraordinary National Leadership in Counseling Psychology from the American Academy of Counseling, the 2007 SCP Lifetime Mentoring Award, and the 2008 American Psychological Association Award for Distinguished Contributions to the International Advancement of Psychology.



Arthur M. (Andy) Horne, Ph.D.
Interim Dean
College of Education
University of Georgia
Email: ahorne@uga.edu

Dr. Horne's work exemplifies the integration of science and practice within counseling psychology. His contributions have been most notable in extending the work of counseling psychology to such vital areas as family interventions, group leadership, child and adolescent interventions, bullying prevention, anti-violence programming, and school-community collaborations. Dr. Horne has been influential internationally, sharing his work in over fifteen countries with such varied groups as the World Health Organization, the International Congress for Child and Adolescent Mental Health, the World Conference on Injury Prevention and Control, and the International Conference on Violence in Schools and Public Policies, as well as a large number of professional associations; congresses; and conferences. Throughout his international work, Dr. Horne has advocated for the preventive application of solid counseling psychology techniques and strategies in working with children, families and school personnel.

Dr. Horne has been an active leader in the American Psychological Association and the American Counseling Association. He has co-authored seven books, co-edited seven more books, and has served on editorial boards of seven journals. Moreover, he has served as the Editor of two professional journals: the International Journal for the Advancement of Counseling, and the Journal for Specialists in Group Work. Dr. Horne has made a very positive and far-reaching difference in our personal and professional worlds. He has spent his whole career bridging professions and peoples around the world, advocating in his substantive, warm and engaging way the core values of the profession of counseling psychology.



Maryam Jernigan, M.Ed.
Doctoral Candidate in Counseling Psychology
Lynch School of Education
Boston College
Email: maryam.jernigan@gmail.com

Ms. Jernigan's accomplishments are guided by a theme of humanity and the strong desire to foster social justice. Her work to date as a graduate student puts this significant commitment into action using creative means. For the last two years, Ms. Jernigan organized and managed Diversity Challenge, an annual national conference sponsored by the Institute for the Study and Promotion of Race and Culture at Boston College. Additionally, she developed Sankofa groups for Black and Latina girls in high schools in the Boston area. Sankofa groups incorporate fifteen-week interventions derived from racial identity theory to teach girls of color and non-dominant cultures positive aspects of themselves to help them to resist the discrimination that they routinely encounter as numeric minorities in "integrated" school environments. Ms. Jernigan combines her skills in child psychology and cultural psychology to expose the girls to counter-racism educational experiences through media and activities appropriate for the girls' levels of development. Her model has also been adapted for boys of color. Sankofa groups should have national implications because of the number of magnet and other enrichment programs that are intended to improve the educational opportunities of students of color by giving them access to predominantly White educational environments.

Ms. Jernigan was a co-author on a recently published article in the American Psychologist (Helms, Jernigan, & Mascher, 2005) which proposed a methodology for removing ostensible racial-group effects from high-stakes test scores. We applaud Ms. Jernigan's scholarship and her noteworthy efforts to promote racial and cultural diversity in mental health and educational success through her efforts with Diversity Challenge and the school-based Sankofa groups.



Belle Liang, Ph.D.
Associate Professor
Counseling, Developmental, and Educational Psychology
Boston College
Email: liangbe@bc.edu
Website: www.generationpulse.com

Dr. Belle Liang is an associate professor in Counseling Psychology at Boston College, where she has been honored with awards in Teaching with New Media for her innovative uses of technology in and out of the classroom. Most recently she has been recognized for her creation of a youth website called GenerationPulse. GenerationPulse is a digital laboratory, co-directed by students and teachers, who together research, design, and apply new technologies for bridging diverse youth.

The GenerationPulse web project is an example of the innovative use of technology to leverage the informal, networked, and collaborative learning styles of today's youth. In its effort to reach this "Digital Native" generation, GenerationPulse extends the purpose of online youth social networking to social outreach, empowerment, and education. This website provides a forum for students to engage in peer-to-peer mentoring through dialogue and information-sharing about common adolescent issues as well as those concerns unique to particular individuals who are underserved. GenerationPulse was initially created to engage students in reaching out to youth displaced by Hurricane Katrina to address the less visible, yet profound psychological toll on youths who lost homes and schools. Extending this effort, every other year, GenerationPulse targets a new population of underserved youth around the globe (e.g., homeless, orphans, survivors of war).



Kathryn L. Norsworthy, Ph.D.
Professor
Graduate Studies in Counseling
Rollins College
Email: knorsworthy@rollins.edu

Dr. Norsworthy's work has been most outstanding in terms of her significant contribution to social justice on a global level through her activism in many international organizations. In addition to her academic role at Rollins College, Dr. Norsworthy serves as a consultant on a joint project between the National Board of Certified Counselors – International and the World Health Organization, developing culture-centered mental health delivery systems and training curricula in countries of the Global South with a focus on the "underserved and never-served." She is a founder and an executive director of the AHIMSA, a not-for-profit U.S. based human rights organization collaborating with individuals and groups internationally in projects of social change and advocacy based on principles of non-violence. Dr. Norsworthy is also a founding member of MOSAIC, an organization of women activists created at the 1995 End of the Decade Conference on Women, Beijing, China. AHIMSA and MOSAIC partner with organizations outside the west that are engaging in activism, community organizing, program development, and addressing local concerns such as violence against women, women's rights, HIV/AIDS, and ethno-political conflict.

For more than 10 years, Dr. Norsworthy has traveled to Thailand, the refugee communities of Burma, Cambodia, and northern India to collaborate with local activists and grassroots, non-governmental, and governmental groups in creating programs and opportunities for women and men affected by war, globalization, and oppression. She has also led a number of student groups as part of a graduate training in counseling to these areas. Dr. Norsworthy incorporates Buddhist mindfulness practices into her own life and in her teaching and interpersonal interactions, clearly demonstrating how mindfulness can be a path toward non-violent ways of addressing inequality and conflict.



Apurva Pandya, M.A.
UGC Research Fellow
M S University of Baroda
Fatehgunj, Vadodara, Gujarat, India
Email: apurva.pandya@rediffmail.com

As a psychologist with Lakshya Trust, Mr. Pandya demonstrates a dedicated commitment to social justice via his clinical practice and community outreach. The Lakshya Trust is the first community-based organization working on social, economical, legal, sexual and mental health issues of sexual minority in three cities of Gujarat, India. This organization works with homosexual and bisexual men, the transgender population, and female partners of homosexual men (who often marry to avoid stigma). Mr. Pandya coordinates the voluntary counselling program in Vadodara city which includes a family intervention component. His work brings a specific focus on coping responses, sexual and gender identity, and promoting specific cultural practices as strategies of effective behaviour change intervention.

Mr. Pandya is an active researcher who has significantly contributed to the field with qualitative studies. Mr. Pandya has written a handbook "Counselling Men who have Sex with Men" which will be published by the Gujarat State AIDS Control Society in Ahmedabad, India, an organization that recognized Mr. Pandya as "Best Counsellor." He provides trainings to professionals working on HIV/AIDS issues at regional, state, and national levels. Additionally, Mr. Pandya made a significant contribution to the conceptualization of the Maitri Trust, a centre for advanced research and human potential development that works toward mental health and empowerment issues of isolated and discriminated class of people in Indian society. Mr. Pandya articulates his intention to understand and work on the issue of homosexuality in India by asserting that relationship dynamics, their psychological issues and collectivization of homosexual and bisexual men can all make sexual health interventions more effective: "My vision is to make homosexual men feel confident, living with dignity, honour and respect in society, working towards integrated human development and promotion of peace and fraternity through fostering human potential."



Chalmer Thompson, Ph.D.
Associate Professor
Indiana University-Purdue University Indianapolis
Email: chathomp@iupui.edu

Dr. Thompson's work represents an innovative integration of the science and practice traditions of counseling psychology. She strives to tackle the problems of urban schools by utilizing the commitment of professionals who blend research, theory, and teaching with the collective efforts of members of marginalized groups to reach the goal of creating substantial changes within schools and communities. Dr. Thompson has initiated partnerships within the community, including Project Impact, a truancy prevention project, and the Peace Learning Center, which reaches out to youth while taking into account issues of racism and poverty.

Dr. Thompson has extended this liberation psychological approach internationally, conducting peace education workshops for faculty of the Kyambogo University in Uganda. She states "I consider these projects part and parcel of peace-building in which leaders attempt to erect structures that promote peace, and to do so by talking meaningfully about painful issues like racism and the impacts of colonialism on psychological functioning, everyday, and the call to advocate on behalf of peace." Dr. Thompson has extended this international collaboration by facilitating a Ugandan colleague to visit IUPUI as a Fulbright Scholar-in-Residence, facilitating a partnership between their two universities to create a doctoral program of psychology at Kyambogo as well as offer a global classroom experience for urban school students and teenagers in northern Uganda to share their learning about issues of context, identity, and racism. Dr. Thompson has consulted with her Kyambogo University partners in launching a master degree program in counseling psychology, and they are awaiting final word on the approval of a doctoral program in counseling psychology which has as an emphasis peace psychology. She is considered a faculty member of Kyambogo University, having visited there regularly over the past four years, recruiting educators to collaborate with her on research papers, book chapters, and enlisting their participation as guest editorial board members of The Counseling Psychologist.